

# Foods that have the potential to cross-react with natural rubber latex

## High latex proteins



avocado



banana



chestnut



kiwi

## Moderate latex proteins



apple



carrot



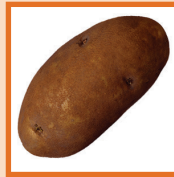
celery



melons



papaya



potato



tomato

## Low or undetermined latex proteins

apricot	chick peas	grapes	oregano	pineapple	soybean	walnut
buckwheat	citrus fruits	hazelnut	peach	plum	strawberry	wheat
castor beans	coconut	lychee	peanut	rye	sunflower	zucchini
cayenne pepper	dill	mango	pear	sage	seed	
cherry	fig	nectarine	persimmon	shellfish	sweet pepper	